



## Erasmus training course: **ELS - Early Leaving School**

CITY: MILANO

Period: 23/11/2019 - 07/12/2019

### **MOTIVATION**

Why a school dropout prevention course? In an era in which dropout rates are so high, it is important to help young people learn a method of study that is not limited to a lesson or a session. automatically throughout the school, for trials and errors, discovering your own most effective personal style. Often, this is not the case: these trials and errors undermine the self-esteem of children / teens with extremely negative results on the attributive motivational style and academic success.

Approach the study method is not a strategy to be applied mechanically, ritualistically and definitively, in a year or in a particular range. It is not an algorithm, it is not a procedure to be automated to speed up the study or to learn any new topic faster. An effective student is not a student who has a study method or not, but is an "elastic" student, who knows more study strategies and therefore is able to move from one method to another, who knows how to understand when and how to modulate it to adapt it to the objectives, the type of subject and content, the previous learning and the time available to it. It is like an expert driver who climbs the gears, adjusting himself according to the road surface, to the weather conditions, to the characteristics of the road to follow: he doesn't always speed at the same speed, in some places he goes more slowly, in others he accelerates, then he backs off, then slows down in corners and regains speed on the straights.

### **METHOD**

When we talk about the method we talk about strengthening the metacognitive attitude. The perspective of "effective" or standard strategies and techniques has been overcome, we have entered the perspective of self-regulated learning, that is, the ability to control and supervise the phases of one's own learning, to regulate one's approach from time to time, reflecting on the operations to be performed.

### **OUTCOMES**

Create, manage and set personalized paths on the study method, knowledge about strategies to prevent early dropout phenomena, incredible positive repercussions both in terms of self-esteem and in terms of motivation in students, tools - parachutes not only in case of learning difficulties but also in the cases of repeated failures.

## **PROGRAMME**

### **day /lesson 1**

Welcome time, needs analysis, presentation of the program, bibliographic and study material indications, question time

### **day/lesson 2**

I ACTIVATION: study case, workshop, presentation and discussion about results, critical approach to the case. question time

### **day/lesson 3**

ESL in Italy: data presentation and analysis, ESL in European countries, different approach to the problem in different countries, question time

### **day/lesson 4**

Wellbeing at school and ESL, Life skills method, emotional environment and deep learning, what learning skills are about, question time

### **day/lesson 5**

II ACTIVATION: study case, workshop, presentation and discussion about results, critical approach to the case. question time

### **day/lesson 6**

School visit, meeting with staff and headteacher

### **day/lesson 7**

"Effective" or standard strategies and techniques, how to teach to control and supervise the phases of one's own learning, how to set a personalized path, question time.

### **day/lesson 8**

Providing tools - parachutes in case of learning difficulties, how to improve self-esteem and motivation in students, how to face repeated failures, how to prevent failures, the self-regulated learning, question time.

### **day/lesson 9**

III ACTIVATION: study case, workshop, presentation and discussion about results, critical approach to the case, question time

### **day 10**

Final evaluation, providing course materials and the certificate of participation.



Europe for all  
via vespri siciliani  
20146 Milano - ITALY  
[info@europeforall.org](mailto:info@europeforall.org)  
[www.europeforall.org](http://www.europeforall.org)